

# Colorado High School Activities Association

## MEDICAL PROVIDER'S RELEASE FORM FOR WRESTLER TO PARTICIPATE WITH SKIN LESION(S)

For this release to be acceptable by CHSAA it must meet the following requirements for the wrestler to participate!

- If lesion(s) are Contagious the form MUST be dated within seven (7) days of the event being wrestled.
- It MUST state the location of the lesion(s).  
Please mark on the diagram the location and describe in text the extent of the lesion(s).
- It MUST be signed by a M.D. , D.O., Nurse Practitioner or a Physician's Assistant.

Name: \_\_\_\_\_

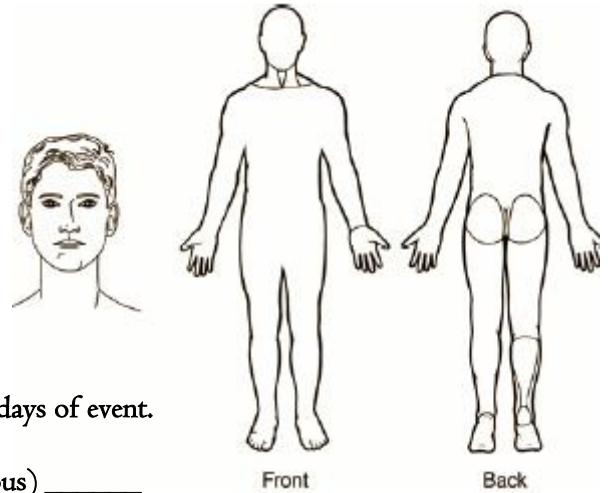
Date of Exam: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Diagnosis \_\_\_\_\_

Mark Location AND Number of Lesion(s)

Location AND Number of Lesion(s) \_\_\_\_\_

Medication(s) used to treat lesion(s): \_\_\_\_\_



Date Treatment Started: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

If the Lesion(s) are Contagious the form MUST be dated within seven days of event.

YES (They are Contagious) \_\_\_\_\_ NO (They are NOT Contagious) \_\_\_\_\_

Earliest Date that wrestler may return to participation: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Medical Provider's Signature \_\_\_\_\_ Office Phone #: \_\_\_\_\_

Medical Provider's Name (Printed or Typed) \_\_\_\_\_

(M.D., D.O., NP, PA)

Office Address \_\_\_\_\_

**Note to Providers:** Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please familiarize yourself with NFHS Rules 4-2-3, 4-2-4 and 4-2-5 which states:

*"ART. 3 . . . If a participant is suspected by the referee or coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, the coach shall provide current written documentation as defined by the NFHS or the state associations, from an approved medical provider stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to any opponent. This document shall be furnished at the weigh-in for the dual meet or tournament. The only exception would be if a designated on-site meet medical provider is present and is able to examine the wrestler immediately after the weigh-in. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate."*

*"ART. 4 . . . If a designated on-site physician is present, he/she may overrule the diagnosis of the medical provider signing the medical provider's release form for a wrestler to participate with a particular skin condition."*

*"ART. 5 . . . A contestant may have documentation from a medical provider only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid for the duration of the season. It is valid with the understanding that a chronic condition could become secondarily infected and may require re-evaluation."*

Once a lesion is not considered contagious, it may be covered to allow participation.